

# Reframing Your Thinking About Pain and Struggles of Life

*Travis Aiklen* - Sunday November 23, 2014

Let not your hearts be troubled !

'Don't worry', Jesus was saying to His disciples when He was about to be tortured ...

What promise is the source of their consolation ?!

He could have said; 'You won't believe this now but Rome is going to fall and the church will take over the world.'

Instead He says, "***In my Father's house there are many rooms - I go to prepare a place on you***" - Heaven is the Promise

"I've been struck down, I'm always being given over to death" - Paul said

This is a light affliction in light of Heaven!! That which is coming will out way this present affliction or trouble

Using the **The Forever Frame**:

**1) Tents** - 2 Cor 4: 7- 5:2 death is at work in us but So Is Life!

*Not a destination but preparation: 7 But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. 8 We are afflicted in every way, but not crushed; perplexed, but not driven to despair; 9 persecuted, but not forsaken; struck down, but not destroyed; 10 always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. 11 For we who live are always being given over to death for Jesus' sake, so that the life of Jesus also may be manifested in our mortal flesh. 12 So death is at work in us, but life in you. 13 Since we have the same spirit of faith according to what has been written, "I believed, and so I spoke," we also believe, and so we also speak, 14 knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. 15 For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God. 16 So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. 17 For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, 18 as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal. 2 Corinthians 4:7-18 1 For we know that if the tent that is our earthly home is destroyed, we have a building from God, a house not made with hands, eternal in the heavens. 2 For in this tent we groan, longing to put on our heavenly dwelling,*

When your health or kids are your "main" focus will lead to frustration - it not about what this life will pack it in for us!

The suffering here make possible the Glory of Heaven - hardships are not an interruption they are the work ...

The American Dream is Glamping Making this life as comfortable as possible when this is Not All there IS!

## 2) Childbearing

*Romans 8:15-25 15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" 16 The Spirit himself bears witness with our spirit that we are children of God, 17 and if children, then heirs - heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him. 18 For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. 19 For the creation waits with eager longing for the revealing of the sons of God. 20 For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope 21 that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. 22 For we know that the whole creation has been groaning together in the pains of childbirth until now. 23 And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. 24 For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? 25 But if we hope for what we do not see, we wait for it with patience.*

Paul talking about the end chooses the "beginning" of life with its pAin has a purpose

Your pain is producing something It ends in Joy

Pain different injury & surgery

**3) The Cross** *Hebrews 12:2-3 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. 3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.*

The place of conversion - sin going in redemption coming out!

The worst thing happened to the best person - Jesus

Massive disappointment worked out for deliverance !

Still present even though you hear silence - He is not absent!! Sovereign and involved!

Because of the Cross we know He has put Himself on the hook for us!!